

Pastured Pork Cuts

Odd Bits

<p>HEAD Pork Head</p> 	<p>HEAD Jowl</p> 	<p>HEAD Cheek</p> 	<p>HEAD Brain</p> 
<p>SHOULDER Feet or Trotter</p> 	<p>SHOULDER Hocks</p> 	<p>SHOULDER Boneless Shanks</p> 	<p>SHOULDER Stew</p> 
<p>HEAD Tongue</p> 	<p>OFFAL Kidney</p> 	<p>LOIN Skin</p> 	<p>COOKING KEY</p> <p>SIMMER </p> <p>SKILLET </p> <p>BRAISE </p> <p>ROAST & BRAISE </p> <p>GRILL </p>
<p>SHOULDER Collar Fat</p> 	<p>LOIN Back Fat</p> 	<p>SIDE Leaf Lard</p> 	<p>LOIN Back Fat Cubes</p> 
<p>LEG Femur or Marrow Bone</p> 	<p>SHOULDER Scapula or Blade Bone</p> 	<p>SHOULDER Arm Bone</p> 	<p>SHOULDER Neck Bones</p> 
<p>PIG Ground Pork</p> 	<p>PIG Fresh Sausage</p> 	<p>OFFAL Chitterlings</p> 	<p>SIDE Caul Fat</p> 